

BOW CENTRE

Social Club Connection

Our Mission

The mission of the Bow Centre Social Club is to give its members a friendly, welcoming place to have fun, enjoy social activities, and gain awareness of our community and its services. Membership is open to all residents of Bow Centre Place.

Upcoming Events

* Craft with Mary

Tuesday, August 4

Starting at 1:00 pm

All are welcome.

Picture of craft is with the Signup sheet on the bulletin board. Cost \$2.00



* Smiley

Monday, August 17

All Day

Bring your towel.

Signup sheet is on the bulletin board



* Hearing Clinic

Tuesday, August 18

11:30 am - 3:00 pm

Signup sheet is on the bulletin board



* September Social Club Meeting - TBD

KINDNESS

Makes Our Community Feel Like Home

In every thriving senior's community, kindness is at the heart of daily life. It's found in the warm greetings shared in the hallway, the neighbour who offers a helping hand, the volunteer who gives their time.

Small acts of kindness can have a lasting impact. Taking a few moments to check in on a neighbour, inviting someone to join you for a meal or an activity, or simply sharing a smile can brighten someone's day and strengthen the connections that make our community so special.

As we continue to build a welcoming and inclusive environment, let's remember that every resident, family member, volunteer, and staff member plays an important role. By treating one another with patience, empathy, and respect, we create a place where everyone feels valued, supported, and at home.

Thank you for helping make our community one where kindness is not just an occasional gesture—it is part of who we are. Together, we can continue to create a caring environment where friendships flourish, neighbours become family, and every person is treated with the dignity they deserve.



STAMPEDE PANCAKE BREAKFAST



A Huge Thank You to Chris & his team for hosting another Stampede Breakfast. Another success! The food was good, the weather was good and the community is always great!

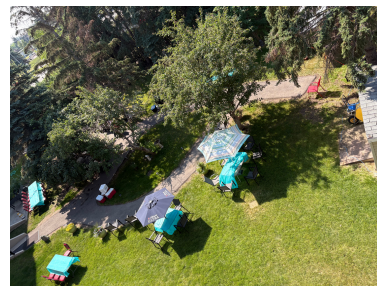
SUMMER BBQ

Hosted by your Social Club Team!

What a great afternoon!

Thank you to the following:

- The Social Club and all those who helped.
- Cowboy Roy & Friends for donating their time – for the great Music!
- Rob for donating the Buns & Coleslaw.
- Mike for donating the Ketchup, Mustard & Relish.
- Bowness Legion for donating the following: Large can of beans, onions, bacon, green & red peppers and a bag of potatoes.
- Bow Centre Housing Society for donating beans and beverages.



CRAFTS WITH MARY

We held our first "Crafts with Mary" on Tuesday, July 7. We had a great afternoon learning a new way of painting – on glass.

Our next one is on Tuesday, August 4. Signup sheet will be on the bulletin board with a picture of our next project! Cost \$2.00



SOCIAL CLUB INFORMATION

There will be a Social Club Meeting in September – Date TBD. Nominations will also take place for the Executive Board. If you have questions, comments or suggestions, this is where you need to be! PLEASE PLAN TO ATTEND!